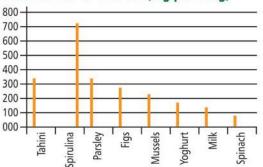
HEALTH SUPPLEMENT

Blue-Green Daily Plant Based Nutrition

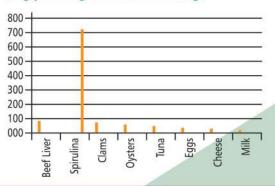
Health benefits of Spirulina

- 1. Fights against cancer., 2. Fatigue fighter., 3. Improved mental functioning.
- 4. Increases the healing of wounds., 5. Effectively lowers the blood pressure.
- 6. Encourages weight loss management., 7. Anti -fungal / Anti -aging / Anti-bacterial.
- 8. Detoxes heavy metals and helps purify the liver., 9. Enhances the ability to generate new blood cells., 10. Energy is increased within a few hours of taking it., 11. Aids in detoxification and natural cleansing of the body., 12. Helps fight against Arthritis in relatively short period of time., 13. Proven to relieve allergies and those with breathing difficulties., 14. Spirulina increases skin metabolism and hence it fights against acne., 15. Promotes healthy levels of cholesterol resulting in improved cardiovascular function., 16. Reduces the risk of cardiovascular diseases by reducing inflammation within the body., 17. Restores natural body weight by satisfying the body's need for complete and genuine nutrition., 18. Improves sexual vitality for males as Spirulina has high content of arginine in which seminal fluid contains 80% arginine. 19. Beneficial intestinal flora is increased which improves digestive problems/ gastric/ duodenal ulcers as it is easy to assimilate for all ages., 20. Contains antibiotic, anti-infective and anti-viral properties which stimulate the immune system powerfully with fewer coughs and colds., 21. Spirulina is very high in bio -available iron, making it beneficial to those with anemia or pregnancy, with reduced risk of constipation.

Best Sources of Calcium (mg per 100g)



Best Sources of Vitamin B-12 (mg per 100g & Protein Per 100g)











The percentage of health conscious pepole consuming Spirulina for different reasons:

- 45% consume it to counteract certain specific deficiencies.
- 28% simply to stay healthy & for well being.
- ! 12% to have secure base in the nutrition.

From the group who consume Spirulina against certain deficiency:

- 22% take it to balance the blood sugar levels.
- ! 15% for better eye sight.
- ! 14% for better digestion.

The list is increasing day by day.

Nutritional Properties of Spirulina

- ! Contains 18 Vitamins & Minerals
- Excellent source of Chlorophyll Contains All essential amino acids
- ! Packed with Protein! 65% of Spirulina is Protein.
- ! Rich in gamma-linoleic acid (GLA) an anti-inflammatory omega 6 Fatty Acid
- ! Bursting with Phytonutrients
- ! 100x the Vitamin A of Carrots
- 50x the Iron of Spinach
- ! 10x the Beta Carotene of Corrots
- 7x the Calcium of milk
- 6x the Protein of Eggs
- 3x More Iron Than Beef



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THE BEST EVER
NATURAL
& ORGANIC
SUPER FOOD

Manufacturing Spirulina with State of the art technology



What Exactly Is The Blue-Green Algae Called Spirulina?

Imagine a thing that can nourish your body by providing most of the protein you need to live, help prevent the annoying sniffling and sneezing of allergies, reinforce your immune system, help you control high blood pressure and cholesterol, and help protect you from cancer. Does such a "Super food" exist? Yes, It's called Spirulina. The best ever balanced diet available on the planet.

Unlike plants you may grow in your garden, this "miracle" plant is a form of blue -green algae that springs from warm, fresh water bodies.

Two thirds of the world is covered with water. The earliest form of life which existed in water, was algae. There are around 25,000 species of algae in the world. When we casually walk on the beach we find sea weed which are in the biggest form of algae some like little trees with roots. stems, branches and leaves. Algae were the first life form on earth. Algae can reproduce itself. The dving algae delivers the nutrients for the new growing algae. Among that the most prominent food algae is Spirulina. Spirulina is a microscopic blue-green algae in the shape of a perfect spiral coil living both in sea and fresh water. It is the first photosynthetic life form was designed by nature 3.6 billion years ago. It is the life form that consuming, for billions of years, carbon dioxide releasing oxygen, transforming an inhospitable planet into our beautiful global home and regarded as the worlds first complete superfood and most powerful nutrient rich food on earth. As living proof of Spirulina as a complete food, an old Japanese philosopher was claimed to have lived exclusively on Spirulina for 15 years! Doubtless, an unexciting diet, but perhaps his taste buds were a little jaded.

These tiny green spiral coils harvest the energy of the sun, growing a treasure of bio-available nutrients. It contains everything life needed to evolve, up to 60% to 70% protein and in total over 100 nutritional elements. Spirulina is used as a human dietary supplement as well as a whole food and is available in tablet, capsule, flake, and powder form. It is also used as a feed supplement. Kept dry and airtight, without excessive exposure to bright sunlight. Spirulina will remain fresh & vibrant with a shelf life of up to 5 years. Today it is used as the phenomenal food with unmatched nutritional benefits. The largest mammal on earth is the whale which lives solely on Phyto-plankton algae; the largest mammal on land is the elephant which eats green matter only.

The amazing properties of this microalgae came to light in the late 60s. By the 80s, there were millions of devotees of this amazing food in over 40 countries around the world.

It gained much importance when



NASA Concluded 1kg of spirulina had the same nutrients as about 1,000kgs of

'assorted veg'!!!!



US Department of Agriculture The US Department of Agriculture has published ' Spirulina: Food For the Future."



UNESCO **UNESCO** has concluded that Spirulina is " The most ideal and perfect food of tomorrow."



European Space Agency It is been esa proposed by both NASA and the European Space Agency as one of the primary foods to be cultivated during long-term space missions.



Organization The World Health Organization has declared that Spirulina is " mankind's best health product in the 21st century."

World Health



World Food Conference in 1974. at the United Nations World Food Conference. it was announced that Spirulina is "The most ideal food for mankind."



United Nations In 2005, an open letter was published to all governments from the United Nations urging the development of the technology needed to produce this unique water algae.

Nutritional profile of Spirulina powder (Composition by 100g)

Macronutrients

Calories	373
Total fat (g)	4.3
Saturated fat	1.95
Polyunsaturated fat	1.93
Monounsaturated fat	0.26
Cholesterol	< 0.1
Total carbohydrate (g)	17.8
Dietary fiber	7.7
Sugar	1.3
Lactose	< 0.1
Protein B	63
Essential amino acids (m	g)
Histidine	1000
Isoleucine	3500
Leucine	5380
Lysine	2960
Methionine	1170
Phenylalanine	2750
Threonine	2860
Tryptophan	1090
Valine	3940
Non-essential amino acid	ls (mg)
Alanine	4590
Arginine	4310
Aspartic acid	5990
Cysteine	590
Glutamic acid	9130
Glycine	3130
Proline	2380
Serine	2760

Vitamins	
Vitamin A (as B-carotene)*	352.00IU
Vitamin K	1090mcg
Thiamine HLC (vitamin B1)	0.5mg
Rivoflavin (vitamin B2)	4.53mg
Niacin (vitamin B3)	14.9mg
Vitamin B6 (pyridox. HCL)	0.96mg
Vitamin B12	162mcg
Minerals	7000000 0 0
Calcium	468mg
Iron	87.4mg
Phosphorus	961mg
lodine	142mcg
Magnesium	319mg
Zinc	1.45mg
Selenium	25.5mcg
Copper	0.47mg
Manganese	3.26mg
Chromium	<400mcg
Potassium	1.660mg
Sodium	641mg
Phytonutrients	
Phycocyanin (mean)*	17.2%
Chlorophyll (mean)*	1.2%
Superoxide dismutase (SOD)	531.000IU
Gamma linolenic acid (GLA)	1080mg

Total carotenoids (mean)*

B-carotene (mean)*

zeaxanthin

504mg

211mg

101mg



OUR PRODUCTS # Algalina organic



SPIRULINA POWDER



SPIRULINA TABLETS



SPIRULINA TASTES GREAT WITH





SALADS







FRUIT IUICES BABY FOOD